

## HOMEMADE DRY SHAMPOO

Mixture of [arrowroot powder](#), which is light and absorbent, and [bentonite clay powder](#), which has endless uses from eczema soothing properties to acne clearing benefits, and [unsweetened cocoa powder](#).

Best results when applying the homemade dry shampoo mix at least 30 minutes before running out the door.

Simply use a [soft powder brush](#) to apply. Lightly dip the end of the brush into the powder and tap off any extra then dab it all the way around the hairline that you know will show that day—think about your part line and hairline all the way around your head—don't forget the back!

You can then brush it into your hair or just let it be. Try both ways and see which is best for you. I use [this brush](#), anything similar would be great.



### INGREDIENTS:

Start with the following and adjust from there depending on the color of your hair.

1 tablespoon [arrowroot powder](#)

1 teaspoon [bentonite clay powder](#)

¼ teaspoon all natural, [unsweetened cocoa powder](#) (only ingredient should be natural cocoa powder)

In the end it was probably about 3 tablespoons worth of cocoa to get to the right coloring for my hair. Clearly started a bit timid, but wanted to be safe and not go overboard from the start.

### DIRECTIONS:

1. Add the arrowroot powder, bentonite clay and first scoop of cocoa powder to a medium dish and carefully stir until you have a consistent color. Follow with more cocoa powder as needed. Do make sure to fully stir in all of the dark powder before adding more so you won't over darken. If you add a little too much, not to worry, you can simply add in more arrowroot powder and or bentonite clay.

TIPS: This should keep well for a couple of months as these are shelf stable ingredients. Also, washing your application tool or brush with mild soap every now and then will help keep oils off the brush and out of the powdered shampoo, which will help it last longer.