

## **Natural Shampoo and Conditioner**

### **Shampoo:**

1 cup water

1 tablespoon baking soda

### **Conditioner:**

1 cup water

1 tablespoon raw apple cider vinegar

If your hair becomes too dry:

Decrease baking soda to 1 teaspoon

Increase ACV to 2 tablespoons

If your hair becomes too oily:

Increase baking soda to 2 tablespoons

Decrease ACV to 1 teaspoon