

# Homemade Toothpaste



- 2 Tbsp. **coconut oil**
- 2 Tbps. *baking soda*
- 2 Tbsp. **calcium magnesium powder**
- 2 Tbps. **xylitol** or **green stevia powder**
- 2 tsp. **real sea salt**
- 20 drops essential oil (I use **peppermint**)
- 10 drops **trace minerals**