

Atlas Chiropractic  
Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC

---

*Patient Information*

*Date:* \_\_\_\_\_

Name: \_\_\_\_\_  
Last First MI

Mailing Address: \_\_\_\_\_

City State Zip Email address: \_\_\_\_\_

Phone # (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Other) \_\_\_\_\_

Can we call you at work?  Yes  No

Date of Birth: \_\_\_\_\_ Sex:  Male  Female **SS#:** \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed  Separated  Minor

Race:  Caucasian  African American  Asian  Native American  Latin American  Other \_\_\_\_\_

Ethnicity:  Hispanic  Latino  Non-Hispanic / Non-Latino

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about our practice? \_\_\_\_\_

Emergency contact: Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone #: \_\_\_\_\_

Phone #: (H) \_\_\_\_\_ (W) \_\_\_\_\_

*Accident Information*

Is this visit due to an accident?  Yes  No If yes, what type?  Auto  Work  Other \_\_\_\_\_

Has it been reported?  Yes  No If yes, to whom? \_\_\_\_\_

*Insurance Information*

Policy Holder Name: \_\_\_\_\_ D.O.B. : \_\_\_\_\_

Relationship to patient (if other than self): \_\_\_\_\_ Phone # \_\_\_\_\_

Do you have health insurance?  Yes  No Name of Carrier: \_\_\_\_\_

Do you have secondary insurance?  Yes  No Name of Carrier: \_\_\_\_\_

**PLEASE PROVIDE THIS OFFICE WITH A COPY OF YOUR INSURANCE CARD(S)**

*Assignment and Release (insured patients)*

I certify that I (or my dependent) have insurance coverage with \_\_\_\_\_ and I AUTHORIZE, REQUEST AND ASSIGN MY INSURANCE COMPANY TO PAY DIRECTLY TO THE PHYSICIAN/MEDICAL PRACTICE, INSURANCE BENEFITS OTHERWISE PAYABLE TO ME. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary, including the diagnosis and the records of any exam or treatment rendered to me, in order to secure the payment of benefits. I authorize the use of this signature on all insurance claims, including electronic submissions.

**SIGNATURE (X)** \_\_\_\_\_ **DATE** \_\_\_\_\_

# Atlas Chiropractic

## Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC

---

### Health History

Who is your primary care physician? (doctor and/or practice) \_\_\_\_\_

**Please check to indicate if you are currently experiencing any of the following conditions:**

- |  |  |   |  |  |
|--|--|---|--|--|
| <input type="checkbox"/> Neck Pain/Stiffness | <input type="checkbox"/> Pins/Needles in Arms  | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Sudden Weight Loss  | <input type="checkbox"/> Fainting              |
| <input type="checkbox"/> Back Pain/Stiffness | <input type="checkbox"/> Pins/Needles in Legs  | <input type="checkbox"/> Depression         | <input type="checkbox"/> Loss of Taste       | <input type="checkbox"/> Fever                 |
| <input type="checkbox"/> Arm/Hand Pain       | <input type="checkbox"/> Cold Feet             | <input type="checkbox"/> Nervousness        | <input type="checkbox"/> Loss of Memory      | <input type="checkbox"/> Night Pain            |
| <input type="checkbox"/> Leg/Knee Pain       | <input type="checkbox"/> Sleeping Difficulties | <input type="checkbox"/> Tension            | <input type="checkbox"/> Jaw Problems        | <input type="checkbox"/> Blurred Vision        |
| <input type="checkbox"/> Chest Pain          | <input type="checkbox"/> Loss of Smell         | <input type="checkbox"/> Cold Sweats        | <input type="checkbox"/> Constipation        | <input type="checkbox"/> Bowel/Bladder Changes |
| <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Allergies             | <input type="checkbox"/> Stomach Problems   | <input type="checkbox"/> Shortness of Breath |  |

**Please check to indicate if you have ever had any of the following:**

- |   |  |   |   |   |
|---|--|---|---|---|
| <input type="checkbox"/> Aids/HIV           | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Hepatitis          | <input type="checkbox"/> Osteoporosis         | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Alcoholism         | <input type="checkbox"/> Cataracts           | <input type="checkbox"/> Hernia             | <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Suicide Attempt    |
| <input type="checkbox"/> Allergy Shots      | <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Herniated Disc     | <input type="checkbox"/> Parkinson's Disease  | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Anemia             | <input type="checkbox"/> Chicken Pox         | <input type="checkbox"/> Herpes             | <input type="checkbox"/> Pinched Nerve        | <input type="checkbox"/> Tonsillitis        |
| <input type="checkbox"/> Anorexia           | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> High Cholesterol   | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Tuberculosis       |
| <input type="checkbox"/> Appendicitis       | <input type="checkbox"/> Emphysema           | <input type="checkbox"/> Kidney Disease     | <input type="checkbox"/> Polio                | <input type="checkbox"/> Tumors/Growths     |
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Liver Disease      | <input type="checkbox"/> Prostate Problems    | <input type="checkbox"/> Typhoid Fever      |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Fractures           | <input type="checkbox"/> Measles            | <input type="checkbox"/> Prosthesis           | <input type="checkbox"/> Ulcers             |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Migraines          | <input type="checkbox"/> Psychiatric Care     | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Breast Lump        | <input type="checkbox"/> Goiter              | <input type="checkbox"/> Miscarriage        | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Venereal Disease   |
| <input type="checkbox"/> Bronchitis         | <input type="checkbox"/> Gonorrhea           | <input type="checkbox"/> Mononucleosis      | <input type="checkbox"/> Rheumatic Fever      | <input type="checkbox"/> Whooping Cough     |
| <input type="checkbox"/> Bulimia            | <input type="checkbox"/> Gout                | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Scarlet Fever        |   |
|   | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Mumps              | <input type="checkbox"/> Other _____          |   |

**Please check to indicate if you have ever had any of the following:**

- |  |  |  |   |  |
|--|--|--|---|--|
| <b>Neurological</b>                          | <b>Respiratory</b>                                       | <b>Skin</b>  | <b>Emotional/Mental</b>                   | <b>Weight</b>                                      |
| <input type="checkbox"/> Migraines           | <input type="checkbox"/> Recurrent Respiratory Infection | <input type="checkbox"/> Eczema                                      | <input type="checkbox"/> Depression       | <input type="checkbox"/> Decreased Appetite        |
| <input type="checkbox"/> Headaches           | <input type="checkbox"/> Asthma                          | <input type="checkbox"/> Excessive Sweating                          | <input type="checkbox"/> Anxiety          | <input type="checkbox"/> Weight Gain               |
| <input type="checkbox"/> Slurring of speech  | <input type="checkbox"/> Chest Congestion                | <input type="checkbox"/> Rashes                                      | <input type="checkbox"/> Mood Swings      | <input type="checkbox"/> Inability to Lose Weight  |
| <input type="checkbox"/> Ringing in Ear      | <input type="checkbox"/> Wheezing                        | <input type="checkbox"/> Brittle Nails                               | <input type="checkbox"/> Irritability     | <input type="checkbox"/> Food Cravings             |
| <b>Ear/Nose/Throat</b>                       | <input type="checkbox"/> Frequent Sneezing               | <input type="checkbox"/> Hair Loss                                   | <input type="checkbox"/> Memory Loss      | <input type="checkbox"/> Binge Eating              |
| <input type="checkbox"/> Altered taste/smell | <b>Cardiovascular</b>                                    | <input type="checkbox"/> Increased Bleeding                          | <input type="checkbox"/> Confusion        | <input type="checkbox"/> Water Retention           |
| <input type="checkbox"/> Night Blindness     | <input type="checkbox"/> Chest pain                      | <input type="checkbox"/> Numbness/tingling                           | <b>Energy</b>                             | <b>GI</b>  |
| <input type="checkbox"/> Sore Throat         | <input type="checkbox"/> Palpitations-racing heart beat  | <b>Genitourinary</b>   | <input type="checkbox"/> Fatigue          | <input type="checkbox"/> Constipation              |
| <input type="checkbox"/> Gingivitis          | <input type="checkbox"/> Swelling in hands/feet          | <input type="checkbox"/> Uterine fibroids                            | <input type="checkbox"/> Hyperactivity    | <input type="checkbox"/> Stomach Pains or Cramping |
| <input type="checkbox"/> Nose bleeds         | <input type="checkbox"/> Reflux or Heartburn             | <input type="checkbox"/> Ovarian cysts                               | <input type="checkbox"/> Insomnia         | <input type="checkbox"/> Bloating                  |
| <b>Musculoskeletal</b>                       | <input type="checkbox"/> Anemia                          | <input type="checkbox"/> Cancer (breast, ovarian, prostate, Uterine) | <input type="checkbox"/> Restlessness     | <input type="checkbox"/> Gas                       |
| <input type="checkbox"/> Arthritis           |  |  | <input type="checkbox"/> Decreased Libido | <input type="checkbox"/> Nausea or Vomiting        |
| <input type="checkbox"/> Chronic pain        |  |  | <input type="checkbox"/> Stress           |  |
| <input type="checkbox"/> Joint Pain          |  |  |   |  |
| <input type="checkbox"/> Muscle Aches        |  |  |   |  |

Please list any allergies: \_\_\_\_\_

Please list any supplements you are taking (vitamins/herbs/minerals): \_\_\_\_\_

Is there a family history of any of the following conditions? (**Indicate family member including parents, grandparents & siblings**)

- |  |  |
|--|--|
| <input type="checkbox"/> Heart Disease _____ | <input type="checkbox"/> Diabetes _____  |
| <input type="checkbox"/> Cancer _____        | <input type="checkbox"/> Arthritis _____ |
|  | <input type="checkbox"/> Other _____     |

Do you exercise:  Never  Daily  Weekly  Walks  Runs  Swims

Do your work activities mostly involve:  Sitting  Standing  Light Labor  Heavy Labor

What is your daily/weekly intake of the following:

Caffeine \_\_\_\_\_ cups/day    Alcohol \_\_\_\_\_ drinks/week    Cigarettes \_\_\_\_\_ packs/day

• I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health.

**SIGNATURE (X)** \_\_\_\_\_ **DATE** \_\_\_\_\_

Atlas Chiropractic  
Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC

---

NEUROLOGICAL/ MRI/ VASCULAR PATIENT QUESTIONNAIRE

NAME \_\_\_\_\_ DATE \_\_\_\_\_

For any YES answer, please include details.

- |   |    |     |
|---|----|-----|
| 1. Do you suffer from neck pain with pain in your shoulder, arms or hands?<br>Comment: _____  | NO | YES |
| 2. Do you have weakness, numbness or burning in your shoulder, arms or hands?<br>Comment: _____                                     | NO | YES |
| 3. Do your hands or arms fall asleep regularly?<br>Comment: _____   | NO | YES |
| 4. Do you have reduced feeling (sensation) or swelling in your hands or arms?<br>Comment: _____                                     | NO | YES |
| 5. Do you suffer from a loss of handgrip strength?<br>Comment: _____  | NO | YES |
| 6. Do you suffer from back pain with pain in your buttocks, legs or feet?<br>Comment: _____   | NO | YES |
| 7. Do you have weakness, numbness or burning in your buttocks, legs or feet?<br>Comment: _____                                      | NO | YES |
| 8. Do our legs or feet fall asleep regularly?<br>Comment: _____   | NO | YES |
| 9. Do you have reduced feeling (sensation) or swelling in your legs, feet?<br>Comment: _____  | NO | YES |
| 10. Do you suffer from cold hands or feet?<br>Comment: _____  | NO | YES |
| 11. Do have frequent falls or find that you trip over your feet while walking?<br>Comment: _____                                    | NO | YES |
| 12. Do you suffer from headaches? If yes, how often, how severe, what has been tried?<br>Comment: _____                             | NO | YES |
| 13. Have you tried any medications such as anti-inflammatory?<br>If yes, what kind of medication?                                   | NO | YES |
| 14. Have you tried any Physical Therapy or Chiropractic treatments before?<br>If yes: When? For how long? What kind?<br>_____       | NO | YES |
| 15. Have you had an MRI?<br>If yes: When? Who ordered it? What was it ordered for?<br>_____   | NO | YES |
| 16. Have you used any splint or braces or other prescribed treatment by an MD?<br>If yes: When? What kind? Who ordered it?<br>_____ | NO | YES |
| 17. If you have tried any treatment or medications, did this make your problem better?<br>Comment: _____                            | NO | YES |

Atlas Chiropractic  
Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC

---

**Informed Consent to Care**

A patient coming to the doctor gives him/her permission and authority to care for them in accordance with appropriate test, diagnosis, and analysis. The clinical procedures performed are usually beneficial and seldom cause any problem. In rare case, underlying physical defects, deformities or pathologies may render the patient susceptible for injury. The doctor, of course, will not provide specific healthcare, if he/she is aware that such care may be contraindicated. It is the responsibility of the patient to make it known or to learn through health care procedures from whatever he/she is suffering from: latent pathological defects, illnesses, or deformities, which would otherwise not come to the attention of the physician. This office does not perform breast, pelvic, prostate, rectal, or full skin evaluations. These examinations should be performed by your family physician, GYN, and dermatologist to exclude cancers, abnormal skin lesions that should undergo biopsy/removal or other treatments. This clinic does not provide care for any condition (such as high blood pressure, diabetes, high cholesterol) other than those addressed in your physical medicine care plan. We also do not prescribe or refill ANY controlled substances. All prescriptions should be refilled by your original prescriber and any new prescriptions should be issued by your primary care provider.

The patient assumes all responsibility/liability if the patient does not report on health forms any past medical history, illnesses, medicines, or allergies.

I agree to settle any claim or dispute I may against or with any of these persons or entities, whether related to the prescribed care or otherwise, will be resolved by binding arbitration under the current malpractice terms which can be obtained by written request.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

Chiropractic care, like all forms of health care, while offering considerable benefit may also provide some level of risk. This level of risk is most often very minimal, yet in rare cases injury has been associated with chiropractic care. The types of complications that have been reported secondary to chiropractic care include sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One of the rarest complications associated with chiropractic care, occurring at a rate between one instance per one million to one per two million cervical spine (neck) adjustments may be a vertebral artery injury that could lead to stroke.

Prior to receiving chiropractic care this Chiropractic office, a health history and physical examination will be completed. These procedures are performed to assess your specific condition, your overall health and, in particular, your spine health. These procedures will assist us in determining if chiropractic care is needed, or if any further examinations or studies needed. In addition, they will help us determine if there is any reasons to modify your care of provide you with a referral to another health care provider. All relevant findings will be reported to you along with a care plan prior to beginning care. I understand and accept that there are risks associated with chiropractic care and give consent to the examinations that the doctor deems necessary, and to the chiropractic care including spinal adjustments, as reported following my assessment.

This notice is effective as of the date it is signed and will expire seven years after the date on which you last received services from us.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

**Atlas Chiropractic  
Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC**

---

**PATIENT CONSENT FOR USE AND/OR DISCLOSURE OF PROTECTED HEALTH INFORMATION  
TO CARRY OUT TREATMENT, PAYMENT AND HEALTHCARE OPERATIONS**

I, \_\_\_\_\_, hereby state that by signing this Consent, I acknowledge and agree as follows:

1. The Practice's Privacy Notice has been provided to me prior to my signing this Consent. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information ("PHI") necessary for the Practice to provide treatment to me, and also necessary for the Practice to obtain payment for that treatment and to carry out its health care operations. The Practice explained to me that the Privacy Notice will be available to me in the future at my request. The Practice has further explained my right to obtain a copy of the Privacy Notice prior to signing this Consent, and has encouraged me to read the Privacy Notice carefully prior to my signing this Consent.
2. The Practice reserves the right to change its privacy practices that are described in its Privacy Notice, in accordance with applicable law.
3. I understand that, and consent to, the following appointment reminders or communications that will be used by the Practice:
  - a) Any postal correspondent to me at the address provided by me; and
  - b) Telephoning my home/cell and leaving a message on my answering machine or with the individual answering the phone.
  - c) It is the policy of HKUH to use electronic mail (email) to correspond and/or communicate necessary billing or personal information.
4. The Practice may use and/or disclose my PHI (which includes information about my health or condition and the treatment provided to me) in order for the Practice to treat me and obtain payment for that treatment, and as necessary for the Practice to conduct its specific health care operations.
5. I understand that I have a right to request that the Practice restrict how my PHI is used and/or disclosed to carry out treatment, payment and/or health care operations. However, the Practice is not required to agree to any restrictions that I have requested. If the Practice agrees to a requested restriction, then the restriction is binding on the Practice.
6. I understand that this Consent is valid for seven years. I further understand that I have the right to revoke this Consent, in writing, at any time for all future transactions, with the understanding that any such revocation shall not apply to the extent that the Practice has already taken action in reliance on this consent.
7. I understand that if I revoke this consent at any time, the Practice has the right to refuse to treat me.
8. I understand that if I do not sign this Consent evidencing my consent to the uses and disclosures described to me above and contained in the Privacy Notice, then the Practice will not treat me.

**PLEASE LIST BELOW ANY RESTRICTIONS REGARDING YOUR HEALTH RECORDS:**

---

---

I have read and understand the foregoing notice, and all of my questions have been answered to my full satisfaction in a way that I can understand.

\_\_\_\_\_  
**Name of Individual (Printed)**

\_\_\_\_\_  
**Signature of Individual**

\_\_\_\_\_  
**Signature of Legal Representative**

\_\_\_\_\_  
**Relationship**

**Date Signed** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Witness:** \_\_\_\_\_

### **Consent for Treatment**

I authorize Atlas to perform examinations that the doctor deems necessary, and the chiropractic care including spinal adjustments.

Signed: \_\_\_\_\_ Witness: \_\_\_\_\_

### **Authorization to Perform X-rays**

I authorize Atlas to perform such radiographic examination necessary to diagnose and to administer whatever treatment is deemed necessary to treat my present problem (or illness).

Signed: \_\_\_\_\_ Witness: \_\_\_\_\_

### **Women Only**

To the best of my knowledge I am not pregnant and the above named Doctor has my permission to x-ray me for diagnostic interpretation.

Signed: \_\_\_\_\_

### **Consent for Treatment of Minor**

I (We) being the parent, guardian or custodians of \_\_\_\_\_  
a minor, the age of \_\_\_\_\_, do hereby authorize, request and direct Atlas to perform in his judgment and necessary examination, x-rays and chiropractic treatment for the condition.

\_\_\_\_\_  
Parent, guardian or custodians

\_\_\_\_\_  
Witness

Atlas Chiropractic  
Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC

---

**STATEMENT OF OFFICE POLICIES**

Welcome to Atlas Chiropractic. Please read and sign this policy statement below. Our staff will be happy to assist you with any questions or concerns you may have. We believe that a clear definition of our office policies will allow you, the patient, and Atlas Chiropractic to concentrate on the big issue—**REGAINING AND MAINTAINING YOUR HEALTH.**

**Missed Appointment/Cancellation Policy**

A missed/late cancelled appointment is a loss to three people: The patient who missed the valuable time, a patient who could have used the valuable time and the Chiropractor who was fully staffed and prepared for the appointment. Our office considers a missed appointment to be a cancellation with less than 8 hours notice or when the patient does not show up at all. Occasionally illness or other unexpected emergencies make it necessary to cancel the appointment with less than 8 hours notice. Please contact our office immediately and we will do our best to accommodate your situation. Failure to give advance notice: We will allow one missed/late cancelled appointment within 12 month period. Additional missed/late cancelled appointments within the 12 month period will be charged \$25.00. Our number one concern is you and your family's health. Providing services in a timely manner is critical to accomplish that goal. We appreciate your understanding and consideration regarding our appointment policy and if you have any questions or concerns, never hesitate to let us know.

**FINANCIAL RESPONSIBILITY**

**INSURANCE:**

**Charges for treatment are due at the time the service is provided and/or a product is ordered.**

Financial responsibility for services rendered rests with the patient regardless of any insurance coverage. It must be understood that your medical insurance is a contract between you and your insurance carrier. The benefits quoted by your insurance carrier is not a guarantee of payment and are subject to review based on the terms of your individual contract. Please note that you are responsible for knowing the limitations of your coverage. Your treatment plan is based on medical necessity as deemed appropriate by the Doctor of Chiropractic Specialists or your referring Physician. It is not our policy to enter into a dispute between you and your insurance carrier over any unpaid portion of your bill. Most insurance company's process claims within 15 days of receipt.

**STATEMENTS:**

It is the policy of ATLAS to mail as few statements as possible. If a patient balance (due from patient) is incurred, responsible parties are encouraged to mail the payment directly to ATLAS upon receiving the EOB (explanation of benefits) from their insurance company. ATLAS will make three statement attempts as well as three phone calls. If no payment is received within the third attempt the account will be turned over to the collection agency.

**COPYING FEES:**

Our office will be happy to produce copies of your medical records. A copying fee will be assessed based on the number of pages and you may also be responsible for any retrieval, mailing and certification fees. The fees are based on the State of Georgia's Office of Planning and Budget.

**RETURN CHECKS**

There will be a \$35.00 fee imposed for all checks returned to this office. All returned check must be taken care of within 5 days of receipt. Any unpaid amount after 10 days will be referred to our collection agency unless specific payment arrangements have been made with our staff.

**VOLUNTARY TERMINATION OF CARE**

It is the policy of this office that if you should choose to suspend or terminate your care and treatment, any outstanding fees for professional services rendered to you will be **immediately due and payable.**

**I, the undersigned, have read the statement of office policies listed above and I agree to abide by these policies.**

**Print name:** \_\_\_\_\_ **Sign name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Atlas Chiropractic

## Humber-Kirk-Umberger-Howell Chiropractic Clinic, LLC

Date of Visit: \_\_\_/\_\_\_/\_\_\_ Patient: \_\_\_\_\_ Age: \_\_\_\_\_

What brought you here today? \_\_\_\_\_

Place an "X" on the drawing below on areas causing you pain and a letter describing it

A = ACHE  
 B = BURNING  
 S = STABBING  
 N = NUMBNESS  
 P = PINS & NEEDLES

### PAIN SCALE

Please circle the number that best describes your pain

0 1 2 3 4 5 6 7 8 9 10

NONE LITTLE MEDIUM SEVERE

Describe your past health history:

Prior Illness: \_\_\_\_\_

\_\_\_\_\_

Past Hospitalizations: \_\_\_\_\_

\_\_\_\_\_

Surgeries: \_\_\_\_\_

\_\_\_\_\_

Medications: \_\_\_\_\_

\_\_\_\_\_

Patient Signature: X \_\_\_\_\_

(DO NOT WRITE BELOW THIS LINE)

### EXAMINATION

#### Range of Motion

Cervical	Normal	Pain
Flexion	50	
Extension	60	
Left Lat Flex	45	
Right Lat Flex	45	
Left Rotation	80	
Right Rotation	80	
Lumbar	Normal	Pain
Flexion	60	
Extension	25	
Left Lat Flex	25	
Right Lat Flex	25	
Left Rotation	30	
Right Rotation	30	

**Health HX Notes:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### Asymmetry

Using arrows (↑↓), mark postural asymmetry

#### Tissue

Mark tissue abnormalities  
 TP, LG, TN, SK, FS

TP=Trigger Points; LG=Ligaments (swollen or tender);  
 TN=Tendons; SK=Skin; FS=Fascial Restrictions

C0

C1

C2

C3

C4

C5

C6

C7

  

L1

L2

L3

L4

L5

SAC

L-IL

R-IL

T1

T2

T3

T4

T5

T6

T7

T8

T9

T10

T11

T12