

Chocolate Covered Cherry

Serves 1

Ingredients

- 1 cup water, unsweetened coconut milk, hemp milk, or rice milk
- ½ avocado
- ¾ cup of frozen cherries
- 1 tablespoon ground flax
- 1 tablespoon ground chia
- 1 tablespoon raw cacao
- ½ dropper of stevia
- 3-4 ice cubes (optional)

Preparation

Blend until smooth.